Twin Lakes Community 336-538-1412		From Schedule Default		Regular		Week 1	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Jan-27	Jan-28	Jan-29	Jan-30	Jan-31	Feb-01	Feb-02	
Breakfast							
Oatmeal	Cream of Wheat	Grits	Oatmeal	Cream of Wheat	Grits	Oatmeal	
Fresh Apple	Fresh Orange	Ripe Banana	Honeydew Melon	Fresh Orange	Ripe Banana	Red Seedless Grapes	
Scrambled Eggs	Pancakes	Egg & Cheese on	Waffle	Scrambled Eggs	French Toast	Egg and Potato Bake	
Canadian Bacon	Sausage Patty	Croissant	Sausage Links	Ham Steak	Sausage Patty	Bacon	
Wheat Toast		Bacon		Biscuit	Coffee Cake	Cinnamon Wheat Toast	
				Sausage Gravy			
Lunch							
Corn Chowder	Chicken Noodle Soup	Roasted Butternut Squash Soup	Black Bean Soup	Manhattan Clam Chowder	Cream of Tomato Soup	Italian Wedding Soup	
Cheeseburger on a Bun	Baked Pork Chop	Roasted Turkey with Pan Gravy	Supreme Beef Nachos	Fried Flounder	Hot Roast Beef Sandwich with Gravy	Rotisserie Chicken	
Lettuce Tomato and Onion	Pot Roast	Baked Ham with Peaches	Chicken w/ enchilada	Chicken & Dumplings	Turkey Tetrazzini	Apricot Glazed Pork Loin	
Chili Cheese Dog	Boiled New Potatoes	Cornbread Dressing	Refried Beans w/ Cheese	French Fries	Oven Browned Potatoes	Mashed Potato Casserole	
Dixie Coleslaw	Parslied Noodles	Cranberry Sauce	Yellow Squash Casserole	Creamy Southern Coleslaw	Braised Red & Green Cabbage	Cornbread Dressing	
Black-Eyed Peas	Harvard Beets	Candied Sweet Potatoes	Spanish Rice	Macaroni & Cheese	Mixed Vegetables	Herbed Green Beans	
Tater Tots	Butternut Squash	Mashed Potatoes	Buttered Green Peas	Broccoli, Cauliflower, Carrot &	Sweet Yeast Roll	Spinach	
Collard Greens	Wheat Dinner Roll	Peas & Pearl Onions	Jalapeno Cornbread	Squash	Fruit Gelatin with Marshmallows	Sweet Yeast Roll	
Dilled Baby Carrots	Apple Pie	Roasted Brussels Sprouts	Cantaloupe Cubes	Buttered Corn	Peach Pie	Dessert of the Day	
Cornbread	Fruit Cup	Sweet Yeast Roll	Chocolate Cream Pie	Wheat Dinner Roll		Pineapple Chunks	
Coconut Cream Cake		Pumpkin Pie		Citrus Banana Cup			
Fruit Mix		Spiced Peaches		Lemon Pound Cake			
Dinner							
Vegetable Barley	Potato & Roasted Red Pepper Soup	Chicken & Wild Rice Soup	Potato Chowder	Cauliflower Cheese Soup	Tossed Salad with Dressing	Turkey Noodle Soup	
Tuna Melt	Honey Glazed Chicken	Baked Ziti with Cheese	Reuben Sandwich	BBQ Country Style Ribs	Grilled Ham & Cheese Sandwich	Shrimp Creole with Rice	
Sesame Chicken	Lemon & Herb Baked Cod	Beef Medallions	Citrus Salmon	Beef Vegetable Stew	Prime Rib	Meatloaf	
Waffle Fries	Mini Potato Pancakes	Yellow Rice	Lemon Italian Rice	Scalloped Potatoes	Rice Pilaf	Mashed Potatoes	
Rice Pilaf	Southern Cheese Grits	Spinach with Garlic	Roasted Fingerling Potatoes	Garbanzo Bean Salad	Baked Potato	Broccoli Florets	
Zucchini	Lima Beans	Broccoli & Cauliflower	Peas, Zucchini, Carrots & Beans	Roasted Zucchini & Red Peppers	Baby Carrots	Zucchini & Onions	
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Sweet Yeast Roll

Berry Cup

Apple Cobbler

Chilled Pears

Chocolate Chip Cookie

To place Lunch orders, call before 10:00am
To place Dinner orders, call before 2pm
Breakfast 7:30am-9:30am | Lunch 11:30am-1:30pm | Dinner 4:30pm-6:30pm

Sweet Yeast Roll

Pineapple

Vanilla Pudding

Fruited Gelatin Parfait

Chocolate Cake

Blueberry Pie

Fruit Salad

S'more Pudding Parfait

Assorted Dinner Rolls

Strawberries and Bananas

Lime Pear Square Gelatin

Red Velvet Cake