

LIFE at The Lakes

Burlington, North Carolina

TWIN LAKES COMMUNITY

ISSUE 1 • 2023

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Twin Lakes Celebrates
40th Anniversary

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Continues to Develop Site



WELCOME to our community

A Celebration

This year marks the fortieth anniversary of Twin Lakes Community. It is a time both of celebrating our community and of reflecting on the many lives we have touched over the past forty years. We began the celebration in March with the dedication of a significant piece of sculpture on our campus. The sculpture, named "Tapping Time," by the artist, Thomas Sayre was created in the earth of our original, 40-year old site, and was marked by the hands of many people who live and work here. We installed it in front of the newest building, which replaces that original building. It taps into the time that has passed since our founding, the many generous and dedicated people who have made their mark on this place over the past forty years. It will stand for countless years to come in tribute to the spirit of our community.

Twin Lakes has grown from a community of some 60 households in 1983 to more than 500 households today. We are excited at the prospect of welcoming the members of another 48 households next fall, when the Stockton opens its doors (on the original site mentioned above). Over that period of time so much has changed besides the size of our community. No one had heard of the internet in 1983, and today technology dominates our business and communications at Twin Lakes, just as it does throughout most of the developed world. The community around Twin Lakes has grown and changed in that forty years, too. Today what once was a rural

setting around us is a bustling business and residential district. Elon University has grown exponentially, and Twin Lakes benefits from the intellectual and cultural opportunities afforded by the University's growth. Meanwhile, larger cities to our east and west continue to grow toward us, thanks to the growth of technology and transportation firms in the region, making ours an ideal central location.

And yet, despite all that change, the spirit of our community endures. Residents and staff invest themselves in this place, quick to seize opportunities to improve the lives of others. Staff-led improvements such as free inclement weather child care and a wide range of support groups for staff and residents are reflections of that selfless investment. Resident-led efforts such as a wide range of educational series; "Friends across the Lakes" by which independent living residents partner with residents in higher levels of care; and the resident art committee, dedicated to bringing the arts to our community are all examples of the generous, neighborly community of residents at Twin Lakes.

Come see for yourself how much there is to enjoy at Twin Lakes.

Pamela Sarsfield Fox
President/CEO, Twin Lakes Community



A division of Lutheran
Retirement Ministries
of Alamance County,
North Carolina

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NEWS

around the lakes

Celebrating 40 Years of Excellence

Twin Lakes began as a legacy of Wade and Agnes Coble. As members of Macedonia Evangelical Lutheran Church, the Cobles left a bequest of \$3.5 million to the church to establish health services for older adults in Alamance County. The local church formed



Louise and Dennis Pagano

Lutheran Retirement Ministries of Alamance County, NC and began the mission which became Twin Lakes Community. Twin Lakes first opened its doors in April 1983 with Coble Creek Healthcare, three apartment buildings and ten cottages. By all measures, the mission of the Cobles has been successful. Now spanning 215 acres and home to nearly 600 independent living residents in addition to another 150 in higher levels of care, Twin Lakes has served thousands of residents and family members from throughout the United States. Residents Dennis and Louise Pagano who moved from Chapel Hill tout Twin Lakes as "...by far the prettiest CCRC of all the ones we toured in the Triangle. It is also the most affordable..." They



also share that "the administration and employees seem to genuinely care about the residents, which is evident in their interactions with us." Over the last 40 years, our roots have grown deep, firmly planted in humble beginnings, and our mission to empower all members of our community to live, work and serve to their fullest potential has spread far and wide. One thing remains the same across our 40-year history: Twin Lakes is a great place to call home.



Residents and staff join for another round of golf.

At the Links

A beautiful blue sky and pleasant temperature welcomed participants in the semi-annual Twin Lakes golf tournament this month. Twenty-one players enjoyed the perfect weather and friendly competition

at Country Hills Golf Course in nearby Gibsonville. Resident Peter Murray won "Longest Drive" while resident Doug Brook captured "Closest to the Pin" bragging rights.

NEWS

around the lakes

Legacy Society

Twin Lakes' Legacy Society includes donors who have generously supported the community with current and deferred gifts. As a non-profit organization, we benefit from charitable donations to enhance current offerings, improve programs and services and support fellow residents in need. Twin Lakes has been graced with generous support from residents, families, board members, staff and community members through the years.

In appreciation for their generosity and lasting legacy of giving, Twin Lakes hosted the Society on May 5 for an evening of fun. The event's theme was inspired by Cinco de Mayo, Mexico's annual celebration of victory over the French in 1862. The party provided attendees with delicious food, live music and dancing. It was a beautiful evening to commemorate both Mexican culture and the generous support offered by members of the Legacy Society.



Above: Legacy members enjoy a lovely meal.



Left: Resident Martie Neily enjoys appetizers with neighbor Sue Kuvek during the Legacy Society event.



Art at the Lakes

After a three-year Covid hiatus, Twin Lakes residents were delighted to attend "Art at the Lakes" once again. The event offers residents and staff the opportunity to showcase their talents while raising funds for the arts programming fund at Twin Lakes. Entries included paintings, photography, ceramics and jewelry. As part of the festivities, several attendees won lovely pieces donated for a raffle. And, as usual, residents enjoyed another occasion to spend with friends. The fund, established to support a resident-led effort to acquire original artwork by North Carolina artists, continues to grow along with resident interest and enthusiasm for arts at Twin Lakes.

Above: A sample of the artwork displayed during Art at the Lakes.

Left: Resident Chris Cook proudly displays the artwork she won through the raffle.

Twin Lakes Nurse Wins Teaching Award

Twin Lakes employee Janet Byrd, BSN, RN is the recipient of the 2023 Ronald L. McCarter Excellence in Teaching Award.

A graduate of the University of North Carolina at Chapel Hill, Janet has nearly 20 years of nursing experience. She is an educator in the Nurse Aid program at Alamance Community College, where she was nominated for the teaching award. Half of her nursing career has been spent at Twin Lakes Community, where she currently spends most of her time as an instructor in our Certified Nursing Assistant educational program.

At a time when many healthcare providers have struggled to maintain full rosters of caregivers, Twin Lakes decided to take a proactive approach and began offering a nursing assistant certification class. Janet played a key part in establishing our program and is an educator in the program. The class is offered at no charge to Twin Lakes employees who are seeking a career in the nursing field. Students make a commitment to maintain Twin Lakes employment during and after their certification program. Certifying CNAs helps to meet staffing demands, thus reducing the shortage many other organizations experience. Seven students have graduated from the program, with a 100% passing rate on the certification exam, largely due to Janet's instruction and oversight.

Janet's supervisor describes her as an "outstanding teacher" who is willing to spend the necessary time making sure her students are learning and can perform their CNA skills correctly. Her supervisor adds, "Our CNA program would not be the success it is today without her." Janet portrays kindness and compassion as she works with our residents and their families. It is important not only that she treats them with such regard, but that she trains her students the same way; she finds great joy in seeing them successfully care for our residents. Her dependability and encouragement to those around her make Janet an ideal nurse as well as educator.

Twin Lakes is proud of her accomplishment and values the expertise, diligence, warmth and delight she brings to our community. Congratulations on your well-deserved award, Janet!



Above: Nurse Janet Byrd

Below: Janet with Karen Soriano



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Stockton Construction Update

Twin Lakes residents are enjoying spring's lovely weather, sights, and sounds as it ushers in lush green grass, beautiful flowers, and the blue bird's morning song. While April showers certainly brought May flowers, we are pleased that those showers had minimal impact on Stockton construction. Workers continue to plow forward with foundation and utility work, together with construction of the staircase and elevator shaft, shown in the picture to the left. Sales of apartments in the building continue to climb along with overall interest in our wonderful community!

Call our Sales and Marketing today at 336-538-1572 to secure one of the few remaining apartment homes.

