

# SELF-STATED PERSONAL HEALTH HISTORY

History and Physical (H&P) documentation must be obtained from your physician and included with your application. The application is considered incomplete without the H&P information.

## APPLICANT INFORMATION

1. Applicant Name \_\_\_\_\_

2. Estimate, in your own words, the condition of your health. \_\_\_\_\_

3. Please list your current: Age \_\_\_\_\_ Weight \_\_\_\_\_ Height \_\_\_\_\_

4. Do you or have you ever had any of the following? (check all that apply)

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Tuberculosis                                | <input type="checkbox"/> Kidney Failure/Dialysis                        | <input type="checkbox"/> Glaucoma or Macular Degeneration                    |
| <input type="checkbox"/> Cancer                                      | <input type="checkbox"/> Diabetes                                       | <input type="checkbox"/> Incontinence of Bowel or Bladder                    |
| <input type="checkbox"/> Substance Abuse/Alcoholism                  | <input type="checkbox"/> Parkinson's or Other<br>Neurological Disorders | <input type="checkbox"/> Spinal Stenosis                                     |
| <input type="checkbox"/> Mental Illness                              | <input type="checkbox"/> Difficulty Breathing                           | <input type="checkbox"/> Chronic Pain  |
| <input type="checkbox"/> Heart Disease or<br>History of Heart Attack | <input type="checkbox"/> Memory Difficulties                            | <input type="checkbox"/> Circulatory Problems or<br>Swelling in Feet or Legs |
| <input type="checkbox"/> Stroke                                      | <input type="checkbox"/> Difficulty Ambulating                          |  |

Have you ever been hospitalized for any of the above? If so, please describe. \_\_\_\_\_

5. Do you use any of the following equipment?

- |                                     |  |   |
|-------------------------------------|--|---|
| <input type="checkbox"/> Wheelchair | <input type="checkbox"/> Power Chair/Scooter | <input type="checkbox"/> In Home Dialysis Equipment |
| <input type="checkbox"/> Walker     | <input type="checkbox"/> Oxygen              | <input type="checkbox"/> Feeding Tube               |
| <input type="checkbox"/> Cane       | <input type="checkbox"/> Hoyer Lift          |   |

6. Describe in detail any mental illnesses, memory loss or substance abuse/alcoholism you have experienced. Please specify diagnosis, date of onset, and current status.

7. Do you smoke?  Yes  No

**Twin Lakes Community is a tobacco-free community. Use of tobacco products is strictly prohibited.**

8. Describe any past surgical operations, serious illnesses or hospitalizations not previously mentioned. Please give dates and details. \_\_\_\_\_

9. Please describe any mobility limitations. \_\_\_\_\_

10. Do you require any assistance with:

Dressing     Bathing     Ambulating/Walking     Meal Preparation     Taking Medications

11. Do you drive?     Yes     No

12. Do you live independently?     Yes     No    If no, please describe current arrangements. \_\_\_\_\_

13. Please list your current primary care physician.

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

14. Do you see any specialty physicians? Please check all that apply.

Neurologist     Psychotherapist/Psychiatrist     Cardiologist     Other

What conditions are you seeing these specialists for? \_\_\_\_\_

15. What are your current medications? \_\_\_\_\_

16. What medications, not listed in number 15, have you taken in the last year? \_\_\_\_\_

17. Please list any other pertinent health history or diagnosis not mentioned above. \_\_\_\_\_

18. Do you have any medical/personal care services you would be anticipating Twin Lakes Community to provide upon residency? If so, please describe. \_\_\_\_\_

The medical and personal information submitted by the applicant within this self-stated personal health history is a material part for determination of a contract agreement. Any misrepresentation or omissions are considered a breach of contract, permitting the contract to be declared null and void.

Date \_\_\_\_\_ Applicant Signature \_\_\_\_\_